

Essential Guide



Visiting Staff



Dear Party Leader

I would like to take this opportunity to thank you for choosing Adventure Bude as the destination for your residential activity experience for 2022. I'm sure you will find this essential guide full of useful information regarding your forthcoming visit and holding the answers to any questions you, your students or parents may have.

For those of you that have visited us before, it is an absolute pleasure to have you back after the toughest period the school residential sector has ever experienced. It has for us, as for many others been incredibly difficult and your support in joining us on this new adventure is unbelievably appreciated, so thank you so much for being there for us. We are working incredibly hard to get the centre back to its absolute best and while things may take a little time we are determined to ensure you and your students still enjoyable the best possible experience with us!

For those of you who are first time visitors, firstly thank you for choosing Adventure Bude as the destination for your school residential visit. We realise that organising a residential trip can be a lot of hard work and we do appreciate the effort you put in. Therefore please be assured that we are here to help! Feel free to contact us with any questions you may have, if you feel there is anything we can be of assistance with or advice we can offer. Almost all of our schools return year on year and for that we are extremely grateful. We are sure you will enjoy the same fantastic and rewarding experience that brings them back to us and that we will be able to establish the same long standing relationship with your party.

This essential guide is the next step in ensuring the organisation of your forthcoming trip is as trouble free as possible. Please read through it and use the relevant sections to answer any questions you may have had from students, parents, fellow teachers, head teachers, governors or the Local Authority. The next set of paperwork you receive will be your final paperwork pack and this will be sent to you 10 weeks prior to your trip. This will contain all of the forms relevant to your specific week with us. In the meantime the main hub of information is our website. I would recommend you direct parents to this in order to answer any questions they may have about the centre and their child's visit to us. There is a parent's pack which can be reached by the following web address http://www.adventure.uk.com/downloads/AdventureBude-ParentsInformation.pdf this download will contain the answers to almost all of their questions.

Thank you once again for choosing Adventure Bude as the destination for your residential experience. I'm sure your trip will be a wonderful success and don't forget if you have any questions please do not hesitate to get in touch.

Kindest Regards

Tracy and Macca

Duty



Many staff comment on how nice it is to be given the freedom to choose whether to participate in the activities or choose not to do so. However we do ask for a member of staff to be present on a Canoeing session. The staff member can choose to either be actively involved in the session if the group size is 12 or less, or can just watch and be available in the case of an incident where the instructor may need assistance i.e. an ill or misbehaving student. The instructor can then continue the session with the remainder of the group.

ON DUTY

Adventure Bude have staff on duty in the Centre throughout the day and evening up until 11:00 p.m. and after this time in the duty room until the following morning. There is also a senior member of staff on call for emergencies. Please could each school allocate at least one (non-drinking) member of staff to be on duty in case of emergencies every evening i.e. a student needing to go to hospital. The duty staff member will also need to sign the Confirmation of Student Numbers. We also require at least one member of your staff to be on duty in the dining room during all of your meal sittings.

In order to enhance involvement and aid with supervision, students will be unable to return to their sleeping areas during evening entertainments until their designated bedtime, as the stairs will be locked. Staff can access their rooms via the lift (exit through fire doors in an emergency). For those students not wanting to go to the disco etc., we have a T.V. lounge with a movie showing each evening, an organised outdoor activity, a games room and a reading area. However students are encouraged to participate in the evening entertainment programme as this is an invaluable part of the residential experience.

The centre has produced a clear documented definition of responsibilities between provider and visiting groups; this is supplied on the next page and posted on the back of each staff suite door and is implemented upon arrival.

SICKNESS / MEDICATION

The sick bay can be found close to the office to enable supervision throughout the day. Any student on medication should hand it in to school staff so it can be dispensed as appropriate. Any medication required throughout the week will need to be dispensed by school staff. No medication of any type is held by the centre or can be purchased and administered at any time.

All Adventure Bude instructional staff are qualified first aiders however any illness or injuries outside of this will invariably lead to a trip to the local doctors or minor injuries unit. Adventure Bude can help with arrangements and directions for these as well as supplying a vehicle for a member of your staff to drive if required.

SHOPPING

As in previous years, students are able to go into town to purchase souvenirs and gifts from the local shops. However this will be at the schools discretion and may require you to complete a separate risk assessment.

Monday to Wednesday between 4 p.m. and 5 p.m. is the best time to organise a shopping trip as this is the student's free time prior to their meeting with their tutor at 5 p.m.

Daily Responsibilities



A clear documented definition of responsibilities between provider & visiting groups

Daily Routine	CENTRE RESPONSIBILITY	VISITING STAFF RESPONSIBILITY	CENTRE RESPONSIBILITY WITH SUPPORT	VISITING STAFF RESPONSIBILITY WITH SUPPORT
Morning Run / Swim	√			
Breakfast & Free time				✓
Morning Activity	\checkmark			
Lunch & Free time				✓
Afternoon Activity	\checkmark			
Tutor Meet			\checkmark	
Evening Activity	√			
Evening Meal & Free time				✓
Evening Entertainments			√	
Bedtime & Through the Night		√		

Updated: 11/02/2022

Discipline



Adventure Bude is constantly working to maintain a safe and relaxed atmosphere for all its clients and staff. This is achieved by the use of clearly defined parameters of behaviour to which all students are expected to conform. We appreciate that the attitude as to what is regarded as acceptable behaviour and enforcement of the rules has changed over the years and that different schools have different policies. Recently, on a small number of occasions, we have met with a degree of resistance for various reasons from some of our clients to the enforcement of the 'send home' policy. However we believe its existence is vital to ensuring the safety and wellbeing of all who attend the centre.

The other problem we have met has been the difficulties faced by party leaders and ourselves with the practicality of sending students' home (parents being away, unable to collect their children or being uncontactable and transport being unavailable). Parents should be made aware that should their child break one or more of the five rules below, then the responsibility for collecting their children from the centre will be theirs, or a nominated adult if they are unavailable. Teachers should be reassured that the centre will make the decision and take full responsibility.

1	No anti-social behaviour		
2	No bringing or using mobile phones on to the premises.		
3	No leaving the Centre unsupervised.		
4	No girls in boy's room or vice versa.		
5	No students allowed in other schools allocated areas.		

After consulting with many of our party leaders and other various bodies, we felt that in the interests of the health, safety and the welfare of our staff and clients, our policy would remain a booking condition.

If you would like to discuss any aspect of this policy, contact the centre and we will be happy to discuss it. However, please note any behaviour that represents a threat to the ongoing development of the centre cannot be excused and no exceptions will be made.

Health & Safety



Adventure Bude is continually evolving to ensure compliance with all relevant and required Health & Safety regulations. As you are probably aware this is a constantly ongoing process with new issues and requirements being highlighted each and every year.

In order for us to stay on top of these requirements we employ the help of a professional health and safety company who visit us throughout the year and ensure that the centre building and grounds are fully compliant and to inform us of any changes to regulations. An annual fire risk assessment is also carried out. Confirmation of our adherence to these requirements takes place through a myriad of inspections including the Fire Brigade, Local Authorities and Environmental Health.

The health and safety regarding our activities is paramount and we take great pride in our excellent record. In order to ensure this continues and staff perform at the highest standards and in line with current best practice we employ the services of technical advisors for all activities where required, ensure staff training is credible and continuous and that staff are constantly monitored. Again we are inspected to ensure these levels of performance and are proud to be holders of the Adventure Mark Award and Learning Outside of the Classroom Quality Badge. This is used by many Local Authorities as the benchmark standard for school residential visits.

Every member of our instructional staff is 18 or over and this policy will remain, in spite of many other centres employing 16 – 18 year old staff as Assistant Instructors under the new 'apprenticeship scheme'.

A Quality Assurance folder is available for inspection and contains all relevant details concerning Health & Safety, including Risk Assessments for all areas of our operation and our public liability insurance certification.

Instructor Training

All instructional staff employed at Adventure Bude go through a very vigorous selection and training programme. This starts with a selection interview and if successful an intensive training period for a number of weeks prior to the season beginning. This will include gaining National Governing Body Awards in the various activities as well as intensive in-house training covering all aspects of the residential instructor's role i.e. First Aid, Life Saving, Fire Evacuation, teaching & tutoring skills, etc. The Management Team and highly qualified senior staff run the training in addition to independent outside assessors & examiners.

After training, staff are then required to complete a 6-week probationary period and are profiled on a regular basis. Prior to working with a group, each instructor is assessed for competence by a member of the centre's senior staff on each activity that they're qualified and trained to work on. This assessment is in addition to them holding the required level of National Governing Body qualification. Also after rigorous checks and references all staff are only employed after obtaining an enhanced disclosure from the Disclosure & Barring Service.

As usual, many of our staff will be returning for another season with us, so there will be lots of familiar faces and naturally these staff will all be highly qualified with great personalities.

Organisational Details



Centre Details

Centre Name :
Address:
Post Code:
Telephone:
Email:
Managing Director:
Director:
Finance:

Adventure Bude			
Belle Vue			
Bude			
Cornwall			
EX23 8JP			
0870 7775111			
adventure@adventure.uk.com	Website:	www.adventure.uk.com	
Miss Tracy Joslyn	tracy@adventure.uk.com		
Mr Mark McManus	macca@adventure.uk.com		
Mr Dean Bunker	admin@adventure.uk.com		

This document is laid out in the following way:

Section A - Management Considerations

Section B - Organisational Details

Section C - Activities Details

Section A – Management Considerations

Adventure Bude is externally validated & inspected by the following bodies:

Body	Membership / Society Number	
B.A.P.A. British Activity Providers Association	Associate Member	
ADVENTUREMARK Adventure Activities Industry Advisory Committee	Cert No – AAA101145	
L.O.T.C. Learning Outside the Classroom Quality Badge	Cert No – R2QB101405	

- A safety management system is in place across all our locations covering
- Accommodation
- Emergency action

Risk assessments are compiled and documented for

- All activities
- Site management
- Centre-specific written operational procedures exist for all activities
- An appropriately qualified Centre Manager oversees all practical work
- The centre holds Public Liability insurance cover for a minimum of £10,000,000
- All national child protection and duty of care procedures are complied with
- A comprehensive accident and incident analysis is retained for inspection and continually updated
- A detailed documented equal opportunities policy is in use
- All Health and Safety legislation, including the Health & Safety at Work Act 1974 is adhered to, with the support and consultation of Peninsula Business Services Limited

Instructor Qualifications

- Records of all instructors' qualifications are held and constantly updated
- Every instructor's competency is continually monitored and documented
- All instructors receive initial training and have the experience, competence and professionalism to work with the age range and abilities of groups. Training is ongoing throughout the season
- A comprehensive staff handbook outlines all normal operating procedures and emergency action plans and these are followed by all instructors
- An enhanced DBS check is obtained for all our employees through the Disclosure and Barring service
- Two references are taken up for all prospective employees

Supervision

- All instructional staff are first aid qualified and a first aider is on site 24 hours a day
- A clear documented definition of responsibilities between provider and visiting staff exists
- A clearly documented missing persons' procedure is in operation
- There are adequate and regular opportunities for liaisons between group leaders and centre staff and there is sufficient flexibility to make changes to the programme should it be required
- The Centre has a Code of Conduct, which is provided in advance of any booking and is a condition of it

Section B - Organisational Details

Accommodation

- An annual fire risk assessment of the centre is conducted by an appropriately qualified industry expert
- The premises are fully equipped with appropriate firefighting equipment, regulated maintained by Chubb Fire & Security
- The comprehensive fire detection and alarm system is inspected and maintained quarterly by Chubb Fire
 & Security
- All electrical installations are inspected in line with current legislation
- All emergency lighting is checked in line with current legislation
- All areas of the centre contain smoke or heat detectors and sounders
- 75 of the 77 rooms have en-suite bathrooms the others are in close proximity
- Security arrangements have been assessed and all reasonable steps to prevent unauthorised access have been made
- Separate male and female sleeping accommodation and washing facilities are provided with staff accommodation in close proximity to ensure adequate supervision

Equipment

- All technical abseil, climb and high ropes equipment is U.I.A.A. or C.E. certified
- All adult centre buoyancy aids are of the 50 Newton category, juniors 45 Newtons
- All wetsuits in use are a minimum of 4:3mm steamers
- All abseil, climb and high ropes procedures are overseen by an external technical advisor
 - Mr S Bradbury M.I.A.
- All kavak and canoe procedures are overseen by an internal technical advisor
 - Mr M McManus K3
- An annual safety inspection of the climbing facilities are carried out and certified by
 - Tailored Climbing Wall Solution
- All mountain biking procedures are overseen by an internal technical advisor
 - Mr S McLellan MIAS L2
- An annual safety inspection of the high ropes course is carried out to E.R.C.A. standards and certified by
 - Technical Outdoor Solutions
- All centre equipment is checked prior to use and a comprehensive fully recorded check takes place biweekly.

Transport

- All vehicles comply with all national legal requirements and are serviced throughout the year with a comprehensive record kept regarding all maintenance
- All drivers of company vehicles are fully checked and comply with the documented normal operating procedures

Section C - Activity Details

- All National Governing Body recommended ratios of staff to clients are conformed to, in the absence of these national recognised standards are followed
- A series of Staff Competency checks are written for each session and each differing instructor level within. All staff competences are confirmed against these competences by either an external or internal technical advisor and where appropriate hold the required National Governing Body qualification
- All activities have a written series of Normal Operating Procedures which are consistent with National Governing Body guidelines or, in the absence of these, recognised national standards

Land Based

Abseiling

Session Leader Qualification
 Other Session Qualifications
 Minimum M.T. S.P.A. / R.C.I. Training
 Signed Off External Technical Advisor

Instructor Client Ratio
 1:6

Activity Location - Centre Grounds, Climbing Wall

Team Trail

Session Leader Qualification
 Signed Off In – House

Other Session Qualifications
 Minimum SLSGB Safety & Rescue

• Instructor Client Ratio - 1:12

Activity Location - Centre Grounds, Assault Course

Caving / Tunnel Trail

Session Leader Qualification - Signed Off In - House

• Instructor Client Ratio - 1:12

Activity Location - Centre Building & Centre Grounds

Climbing

Session Leader Qualification
 Other Session Qualifications
 Minimum M.T. S.P.A. / R.C.I. Training
 Signed Off External Technical Advisor

• Instructor Client Ratio - 1:8

Activity Location - Centre Climbing Wall

High Ropes

Session Leader Qualification
 Minimum M.T. S.P.A. / R.C.I. Award

Other Session Qualifications
 M.T. S.P.A. / R.C.I. Training

Signed Off External Advisor

• Instructor Client Ratio - 1:8

Activity Location - Centre Grounds, High Ropes Course

Team Challenge / Initiative Exercises

Session Leader Qualification
 Signed off In - House

• Instructor Client Ratio - 1:12

Activity Location - Centre Grounds

Mountain Boarding

Session Leader Qualification
 Other Session Qualifications
 Minimum ATBA Core Instructor
 Minimum SLSGB Safety & Rescue

- Signed off In - House

• Instructor Client Ratio - 1:10

Activity Location - Site at Rodd's Bridge

Mountain Biking

Session Leader Qualification
 Other Session Qualifications
 Signed off External Technical Advisor
 Minimum SLSGB Safety & Rescue
 M.I.A.S. L1 / L2

• Instructor Client Ratio - 1:7

Activity Location - Site at Rodd's Bridge & Cycleway

Walk

Session Leader Qualification
 Other Session Qualifications
 Signed off In - House
 SLSGB Beach Lifeguard
 SLSGB Safety & Rescue

Instructor Client Ratio
 1 : 12

Activity Location - Bude & Surrounding Area

Water Based

Body Board

Session Leader Qualification
 Minimum SLSGB Safety & Rescue

Other Session Qualifications
 Signed off In - House

• Instructor Client Ratio - 1 : 12

Activity Location - Summerleaze Beach

Kayaking

Session Leader Qualification
 Other Session Qualifications
 Minimum BCAB Paddlesport Ins
 Minimum SLSGB Safety & Rescue

- Signed off In - House

• Instructor Client Ratio - 1:7

Activity Location - River Neet, Bude Canal

Canoeing

Session Leader Qualification
 Other Session Qualifications
 Minimum BCAB Paddlesport Ins
 Minimum SLSGB Safety & Rescue

- Signed off In - House

Instructor Client Ratio
 Activity Location
 Bude Canal

Dragon Boat

Session Leader Qualification
 Other Session Qualifications
 Minimum BCAB Paddlesport Ins
 Minimum SLSGB Safety & Rescue

- Signed off In - House

Instructor Client Ratio
 Activity Location
 Instructor Client Ratio
 Bude Canal

Surfing

Session Leader Qualification
 Other Session Qualifications
 SLSGB Beach Lifeguard
 SLSGB Safety & Rescue
 Signed off In-House

1.0

• Instructor Client Ratio - 1:8

Activity Location - Summerleaze Beach

Other Activities

Beach Games

Session Leader Qualification
 Minimum SLSGB Safety & Rescue

Other Session Qualifications
 Signed off In - House

• Instructor Client Ratio - 1:12

Activity Location - Summerleaze Beach / Downs

Runaround Now

Session Leader Qualification
 Other Session Qualifications
 Signed off In - House
 Signed off In - House

• Instructor Client Ratio - 1:12

Activity Location - Centre Grounds

It's a Knockout

Session Leader Qualification
 Other Session Qualifications
 Signed off In - House
 Signed off In - House

• Instructor Client Ratio - 1 : 12

Activity Location - Centre Grounds

Mapout

Session Leader Qualification
 Minimum SLSGB Safety & Rescue

Other Session Qualifications
 Signed off In - House

• Instructor Client Ratio - 1 : 12

Activity Location - Bude and surrounding area

Orienteering

Session Leader Qualification
 Other Session Qualifications
 Signed off In - House
 Signed off In - House

• Instructor Client Ratio - 1 : 12

Activity Location - Centre Grounds

Insurance Certificate







Certificate of Employers' Liability Insurance (note a)

Where required by regulation 5 of the Employers' Liability (Compulsory Insurance) Regulations 1998 (the Regulations), one or more copies of this certificate must be displayed at each place of business at which the Certificate Holder employs persons covered by the Certificate

Unique Market Reference

Policy Number

Name of Policyholder

Date of commencement of insurance Certificate

Date of expiry of insurance Certificate

B0775UEB29919

BP09319-2101

Adventure Bude Ltd

Tuesday, December 7, 2021

Tuesday, December 6, 2022

We hereby certify that subject to paragraph 2:-

- 1 the policy to which this Certificate relates satisfies the requirements of the relevant law applicable in Great Britain, Northern Ireland, the Isle of Man, the Island of Jersey, the Island of Guernsey and the Island of Alderney, or to offshore installations in territorial waters around Great Britain and its Centinental Shelf (note b); and
- 2 (a) the minimum amount of cover provided by this Certificate is no less than £5 million (note c)

Signed on behalf of participating insurers:-

Stuart Kilpatrick, Managing Director, Burns & Wilcox Limited

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Notes

- (a) Where the employer is a company to which regulation 3(2) of the Regulations applies, the Certificate shall state in a prominent place, either that the Certificate covers the holding company and all its subsidiaries except any specifically excluded by name, or that the Certificate covers the holding company and only the named subsidiaries.
- (b) Specify applicable law as provided for in regulation 4(6) of the Regulations.
- (c) See regulation 3(1) of the Regulations and delete whichever of paragraphs 2(a) or 2(b) does not apply. Where 2(b) is applicable, specify the amount of cover provided by the relevant policy. Paragraph 2(b) does not apply and is deleted.

THIS IS YOUR CERTIFICATE OF EMPLOYERS' LIABILITY INSURANCE

A copy of the certificate must be displayed at all places where you employ persons covered by the policy.

The Employers' Liability (Compulsory Insurance) (AMENDMENT) Regulations 2008 permits the display of this Certificate in an electronic form, provided persons covered by this policy have reasonable access to it.

The employer is strongly encouraged to retain all records related to this insurance.

Extra copies of the certificate are available on request.

Burns & Wilcox Limited is a coverholder of, and is underwriting on behalf of, QfC Europe Limited (100%). Burns & Wilcox Ltd is authorised and regulated by the Financial Conduct Authority. Registered in England No. 6185834 at One Minster Court, Mincing Lane, London EC3R 7AA.

QIC Europe Limited, registered in Malta under ref C67694 at address: Pendergardens Business Centre, Level 1, Office 11/12, St. Andrews Road, St Julian's STJ 1901, Malta, and authorised and regulated by the Maltese Financial Services Authority

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LOTC Certificate





Council for Learning Outside the Classroom

Learning Outside the Classroom Quality Badge

Awarded to:

ADVENTURE BUDE

This organisation has therefore pledged to:

- Engage in an ongoing process to sustain high quality learning outside the classroom
- Meet all of the Learning Outside the Classroom Quality Badge indicators

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Dr Anne Hunt

Chief Executive, Council for Learning Outside the Classroom

Certificate no.

R2QB101405

Date issued:

16/12/2021

Expiry date:

16/12/2023

www.lotcqualitybadge.org.uk

The Council for Learning Outside the Classroom is registered in the United Kingdom no. 6778701.

Adventuremark Award





ADVENTUREMARK

www.adventuremark.co.uk

ADVENTURE BUDE

Has met the necessary standards for the safe delivery of adventure activities as defined by the Adventure Activities Industry Advisory Committee.

Chair (AAIAC)

Abseiling	Kayaking	
Artificial Climbing Wall	Mountain Biking	
Canoeing	Mountain Boarding	
Caving - Artificial	Surfing	
Dragon Boating	Swimming – pool, sea, natural water	
High Ropes Courses	Team Building	

Date Issued: 16th December 2021 Expiry Date: 16th December 2023

Certificate No: AAA101145



B.A.P.A. Accreditation



Assuring Quality and Safety in the Activity Industry

B.A.P.A. 2022 FULL MEMBER

Activity Provider



BRITISH ACTIVITYPROVIDERS ASSOCIATION

This is to certify that

Adventure Bude

agrees to abide by the British Activity Providers
Association Code of Practice and is subject to
on-going inspection.

Signed:

B.A.P.A. Chairman

www.thebapa.org.uk

What to Pack



Please use the table below as a guide line as to what to pack for your child's week of activity with us at Adventure Bude. Obviously the prevailing weather conditions for the forthcoming week will have an influence on exactly what to pack so please do have a look at the weather forecast for the week of their trip. Please also be aware however that the weather here on the North Coast of Cornwall can be very unpredictable and it is sensible to have cover for most eventualities.

		Items to Pack	Specialist Equipment	Packed
4	Х	T-Shirts	S - L	
3	Х	Long Sleeved Tops	in Si	
3	Х	Shorts (no short length shorts on activities)	sior ses	
3	Х	Tracksuit Bottoms	sessii s, Pad all se e.t.c.	
4	Х	Jumpers TY ST III.		
1	Х	Clothes to wear in the evening		
8	Х	Socks (no trainer socks on activities) & Underwear	Any specialist equipment required for activity sessions is provided by the centre. This includes: Helmets, Harnesses, Wetsuits, Padding, Gloves, Waterproof Spray tops & Jackets and all session equipment such as Ropes, Surfboards, e.t.c.	
1	Х	Warm Jacket/Coat	required for a by the centre darnesses, W tops & Jacke Ropes, Surfbo	
2	Х	Trainers to stay dry	iired he d ess s & es,	
1	Х	Wet Shoes or Trainers to get wet	equ arn tops	
2	Х	Swimwear	ent raded k	
2	Х	Towels	quipment r provided I delmets, H sof Spray such as F	
1	Х	Toiletries	uipi orov oof (
1	Х	Water Bottle	ed H	
1	Х	Hat	llist des ater	
1	Х	Sun Lotion	provice second provice provide provice provide provice provide provice provide provice provide	
1	Х	Hair Bands	sp¢ es, in	
1	Х	Fancy Dress Costume	rny Slov	
1	Х	Black Bin Liner for Wet Clothes		

What Not To Pack

Please do not allow your child to bring any of the following items to the centre:

Mobile Phone, Cigarettes, Drugs, Alcohol, Matches, Lighters, Pets, Electric Iron, Curling Tongs, Hair Straighteners, Ipods, MP3 players, Games Consoles, Jewellery, Chewing Gum, Sweets or Fizzy Drinks.

Medication & Jewellery

Any medication required to be taken by your child should be clearly labelled and handed to the teacher prior to departure with clear instructions for distribution.

Any child that requires an Asthma Inhaler or Epi Pen must have it with them on all activity sessions

Jewellery CANNOT be worn on any activity session.

Evening Entertainments



The following Evening Entertainments are available throughout the week during the designated times or until the arranged earlier bedtime if applicable. During these times students are able to access the communal areas of the building including the astro turf, games room and tuck shop, some of the available activities are highlighted below.

From Sunday to Wednesday evening there is also a differing age appropriate movie shown in the T.V. Lounge for those students who would prefer to relax whilst enjoying a film. If students would like to spend some quiet time reading a book, they can either bring their own or enjoy our large selection during these times.

Day	Time	Evening Entertainment		
Day	Time	Indoor	Outside	
Sunday	8:30 p.m. – 10:00 p.m.	Meet & Mix Disco	Astroturf Area	
Monday	7:15 p.m. – 9:30 p.m.	Karaoke	Astroturf Games	
Tuesday	7:15 p.m. – 9:30 p.m.	Fancy Dress	Basketball Competition	
Wednesday	7:15 p.m. – 9:30 p.m.	Talent Night	Five a Side Football	
Thursday	7:15 p.m. – 9:30 p.m.	Presentation Night		

Five a Side Football Pitch

Basketball Court

Pool Table

Table Football

Electronic Games Machines

Reminder



If a student has Asthma on their medical and tutor group form they CANNOT join an activity unless they have their own fully working Asthma Inhaler

Due to the above could all visiting teachers ensure that any student with Asthma listed as a medical condition on their Medical Consent and Tutor Group form has at least TWO fully working Inhalers that are clearly marked with both the students name and school when they arrive at the centre. For younger students it may be a good idea for you to keep hold of one of these as an emergency replacement if they lose their original.

If a student for any reason doesn't have an Inhaler with them, they will not be able to take part in that activity and it will be a teachers' responsibility to take the student to get a replacement Inhaler from the local doctors. This will invariably cause both child and teacher to miss out on an activity as well as delaying the rest of the group.

Your help in ensuring the above would be greatly appreciated and will ensure the smooth running of sessions for both parties.