



Everyone's Adventure 'What to Bring' Camping Checklist

- ☐ Completed Medical form
- ☐ Your medication
- ☐ Close toed shoes x2 (they might get wet)
- ☐ Comfortable clothing - (suitable for the time of year.)
- ☐ Waterproof jacket + trousers
- ☐ Snacks
- ☐ Water bottle
- ☐ Roll mat + sleeping bag + pillow
- ☐ Torch
- ☐ Warm layers (for the evening)
- ☐ Toiletries + Towel

If you have any questions
contact us via,

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