

KS2 PE KNOWLEDGE ORGANISER – DANCE

Create	Perform	Appreciate
The elements of dance: • Actions • Space • Dynamics • Relationships • Motif • Communication • Structure 	Physical skills: • Posture • Alignment • Balance • Coordination • Control • Flexibility Technical skills: • Actions • Timing and rhythm 	Expressive skills: • Projection • Focus • Spatial awareness • Facial expression • Musicality 
Decision making to include: 1. Awareness of the music - how does the dance fit to the music/tempo? 2. Understanding what different dance styles look like and represent. 3. Understanding the basic steps/actions that form a particular dance style.		