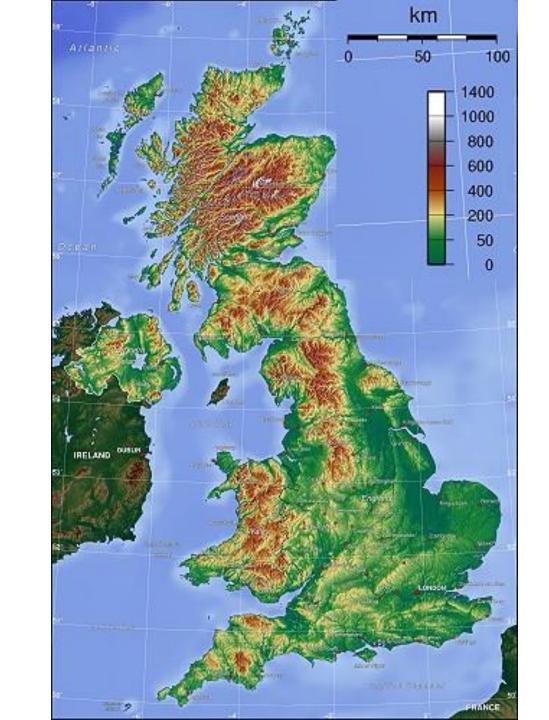
Scotland 2020

- Look at our school website
- www.stosmunds.dorset.sch.uk to find out more about Aigas



Agenda

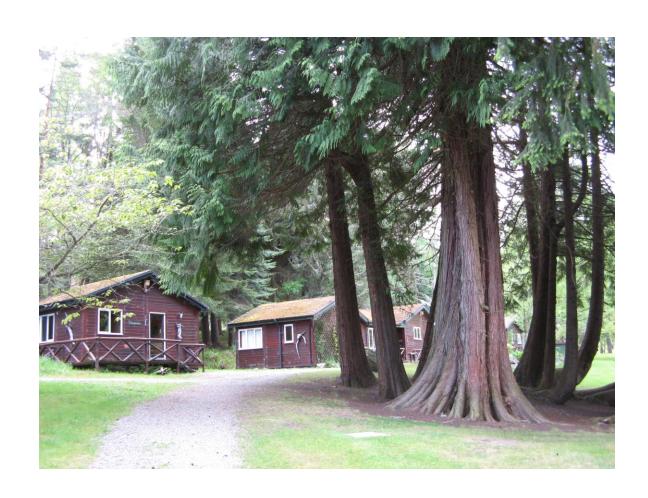
- 1. Where we will stay
- 2. How we are travelling
- 3. Phoning home
- 4. Medicines/ Medical issues
- 5. Parental Consent forms
- 6. Kit list
- 7. Spending money
- 8. What we will be doing at Aigas



Where we will stay

- Aigas Field Centre
- Beauly
- Inverness-shire

- Easter trip (4th April 11th April)
- Project week (16th May 23rd May)



How we will travel

- For both trips we will be travelling by train.
- Seats have been booked in a block, to ensure we will be together
- We ask that everyone should be at the station DORCHESTER SOUTH at least 40 minutes before the departure time.

Train route and times **2019** (**Easter**) We will confirm times with you as soon as

we have confirmation.

Outward Journey

6.19 Dorchester South

Poss Engineering

Coach between Poole and Southampton Central

9.49 London, Waterloo

12.00 London, Kings Cross

20.06 Inverness

Return Journey

7.55 Inverness

15.50 London, Kings Cross

17.05 London, Waterloo (17.35)

19.48 Dorchester South (20.04)

The Journey!

- The journey times can not be confirmed 100% for the project week trip as National Rail's timetable does not go that far ahead! We will confirm them as soon as we know.
- When on the train the pupils will not be allowed to go to the buffet carriage. They will need enough food and plenty to drink for the 13 hour journey!!
- Travel games, cards, top trumps, books, DS3 etc are allowed. They are the responsibility of the children, and if they wish to play with the volume up they will need head phones.
- NO MOBILE PHONES (ok as camera without a sim card)
- Please arrive at the station 40 minutes before the train departs. (possibly 5.20am!!!!)

Phoning Home!

- Presume that no news is good news!
- Each pupil will be allowed to phone home on the Sunday to let you know they are OK. (We will all be far too tired and busy on the Saturday night.)
- No more phone calls can be made for the rest of the week, they probably won't have time!
- In an emergency, we will phone you.
- Should you wish to contact us, please telephone Mrs Sawtell (number to follow), who will then contact us.



Medication

- Please hand any prescribed medication to one of the adults going on the trip.
- Medicines must be clearly labelled with your name and the prescribed dosage. Keep packaging to a minimum. Please include travel sickness pills for the whole week.
- There will be one nominated adult who will deal with the administration of the medication. Please ensure that it is filled in clearly on the parental consent form.

Parental Consent Forms

- Please make sure that you have handed in a consent form, spares are at the back, no later than Friday 6th March.
- Aigas have their own consent form which we will sign on behalf of everyone going, as long as everyone is happy that we do this. (A lot of information is repeated from the form we are obliged to fill out from Dorset County Council)

Kit List

- Small ruc sac
- Strong waterproof walking boots
- Trainers
- No jeans (for walking)
- Waterproof coat (no wax jackets) and trousers
- Drinks container 1 litre
- At least 3 pairs of thick walking socks plus 3 thin pairs of socks.
- Wash kit (towels are provided)
- Packed lunch and drink for a 13+ hour journey
- Pocket money £40 maximum

- Notebook, pen and pencils
- Addresses for sending postcards.
- Small games, book, mp3 players etc for journey
- Big ruc sac or case to carry everything. This must be able to be carried by the pupil.
- Torch and spare batteries
- Warm gloves, hat and scarf essential
- Plasters, inhalers etc
- Suncream
- Insect repellent (PW)
- Layers!!

Kit List continued!

- Other useful items include:-
- Camera (spare film(s)). (The films are very expensive at Aigas).
- Small binoculars
- Waterproof gaiters
- Reading book
- Long Johns!
- Concentrated squash

Spending Money

- No more than £40 will be needed. We will be spending less than 2 hours in a town
- Aigas does have a shop that sells postcards, pencils, sweets and other souvenirs. (souvenirs are expensive at Aigas!)

What we will be doing at Aigas





Walking around the Aigas Grounds (Bad a' Chlamhain) a short walk to break us in gently



Glen Affric – Caledonian Pine Forest! Very beautiful!



■ The Black Isles – we may see dolphins!



Corrie Lock and Urquhart Castle.

What we will be doing at Aigas

Stac Pollaidh and Ullapool— a stunning hill/mountain! that you will be amazed that you climb!



Strathconnon and Fairfurn-The day for Golden Eagles!!(hopefully)

■ Each of the days that we spend at Aigas have amazing opportunities to possibly see a wide variety of wildlife. We could be lucky to see White Tailed Sea Eagles, Badger, Roe Deer, Peregrine Falcons, Grouse, Red Throated Divers etc.... There is just so much to see!



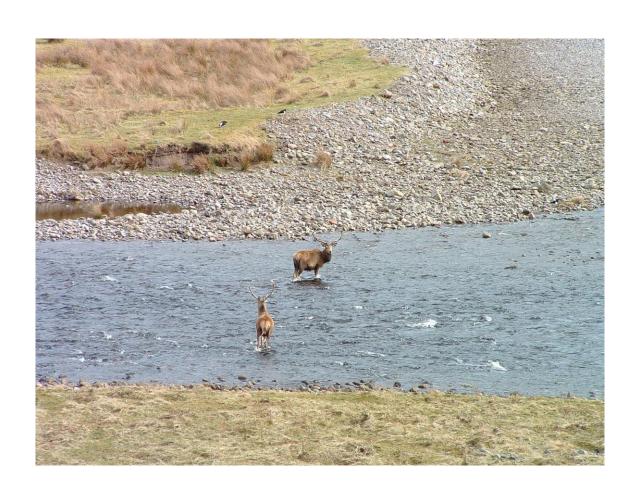




















Follow us on Twitter

ossies@aigas

Any questions?

Parents or Pupils

See you on the station!