SUMMER TERM 2021

LUNCH



MENU



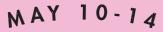


Great British Beef Week! LFL are proud to only serve British Beef and support British farmers. To celebrate we are serving a classic Beef Burger with Corn on the Cob and baked beans.

STAR WARS DAY

May the fourth be with you.

Join us for Star Wars Day on
the... you guessed it, the fourth
of May and enjoy our Star Wars
Cookie. Who will you get?



National Vegetarian Week.

Try our amazing Cheese & Bean
Burger, Veg Ball Sub Roll or
Cauliflower Cheese. Our Vegetarian
menu is always varied and delicious.



Tomatoes Galore during the British Tomato Fortnight. LFL source all of our fresh fruit and vegetables from local suppliers.





FOOD ALLERGIES

It is your responsibility to order a meal your child can safely eat. To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that 'contain' specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at

localfoodlinks.org.uk/allergies

Some side dishes or sauces are optional; gravy, custard, cheese, mayonnaise, spread and bread can be omitted to make your selection allergy compliant.

We will work with you to provide allergen free meal for children who have medically confirmed food allergies. To discuss in more detail please contact

barry.dovell@localfoodlinks.org.uk

FREE SCHOOL MEALS

If your child is in KS1 (Reception, Yr1 and Yr2) they can enjoy a hot school meal for free everyday!

For children in KS2 the price is £2.40 per meal. Some children in Yr3 or above may be entitled to **free meals** if their parents receive financial support.

To find out if you are entitled, contact your local authority.

SUMMER

SCHOOL

NAME

ONE FORM

CLASS

Total

_x £2.40

£

Cheques made payable to Scho

TUESDAY 20 APRIL

Meatball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob

Veg Ball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob

Jacket Potato with Tuna & Crudités

Banana & Date Muffin

TUESDAY 27 APRIL

Beef Burger in a Roll with

Corn on the Cob & Baked

Veggie Burger in a Roll with Corn on the Cob & Baked

Jacket Potato with

Cheese & Crudités

TUESDAY 4 MAY

Mini Chocolate Cookie & Orange Wedge

STAR WARS DAY

Pork Sausage with Pasta,

Quorn Sausage with Pasta,

'May the Fourth be with you'

Grated Cheese, Corn on the

Corn on the Cob & Coleslaw

Tomato Sauce & Peas

Tomato Sauce & Peas

Jacket Potato with

Cheese & Crudités

Cookie or Fresh Fruit

TUESDAY 11 MAY

GDSE BBQ Pulled Pork Sub with

Cob & Coleslaw

GDSE Veg Ball Sub with BBQ

Jacket Potato with

& Orange Wedge

Tuna & Crudités

Sauce, Grated Cheese,

Mini Chocolate Brownie

WEDNESDAY 21 APRIL

Roast Beef with Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy

Cauliflower Cheese, Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy

WEDNESDAY 28 APRIL

Roast Loin of Pork with Roast

Potatoes, Mixed Vegetables

Homity Pie with Mixed Vegetables & Gravy

GE Ginger Cake or Fresh Fruit

WEDNESDAY 5 MAY

Roast Turkey with Roast Potatoes, Cheesy Leeks,

Roasted Vegetable Twist

Leeks, Carrots & Gravy

Mini Oat Biscuit & Melon

WEDNESDAY 12 MAY

Roast Chicken with Roast

Cauliflower Cheese with

Rock Cake or Fresh Fruit

WEDNESDAY 19 MAY

with Roast Potatoes, Mixed Vegetables & Gravy

Homity Pie with Mixed Vegetábles & Gravy

Roast Loin of Pork

Roast Potatoes, Mixed

Vegetables & Gravy

Ham Sub Roll with

Potatoes, Mixed Vegetables

with Roast Potatoes, Cheesy

Carrots & Gravy

GSFE Tuna Mayo Sub Roll with Mixed Salad

GSFE Tuna Mayo Sub Roll

with Mixed Salad

GDS Ham Sub Roll with Mixed Salad

& Gravy

MIDWEEK ROASTS

MIDWEEK ROASTS

MIDWEEK ROASTS

MIDWEEK ROASTS

& Gravy

Crudités

Oat Cookie or Fresh Fruit

Macaroni Cheese

Ham Pasta Carbonara

with Green Beans

with Green Beans GSFE Tuna Mayo Sub Roll with Crudités

> Strawberry Jelly & Fruit Salad

GE

THURSDAY 29 APRIL

Cottage Pie

GDS Cheese Sub Roll with Crudités

with Ğreen Beans

Vegetarian Cottage Pie with Green Beans

Fresh Fruit Medley

THURSDAY 6 MAY

& Garlic Bread

Bread

Lasagne with Baby Carrots

Vegetable Lasagne with

Baby Carrots & Garlic

Ham Sub Roll with

Strawberry Jelly

& Fruit Salad

Tomato & Cucumber

THURSDAY 13 MAY

Peas & Grated Cheese

Tuna Mayo Sub Roll with Mixed Salad

THURSDAY 20 MAY

with Green Beans

Vegetarian Cottage Pie with Green Beans

Cottage Pie

GDS Cheese Sub Roll

with Crudités

Fresh Fruit Medley

Beef Bolognaise with Pasta,

Vegetable Bolognaise with Pasta, Peas & Grated Cheese

Summer Fruit Crunch

Breaded Fillet of Fish with Chips, Sweetcorn & Ketchup

St George's Day

FRIDAY 23 APRIL SUSTAINA

Leek Slice with Chips, Peas

lacket Potato with Corona-

Victoria <mark>Sponge</mark> Cake or Fresh Fruit

tion Chicken & Mixed Salad

FRIDAY 30 APRIL GUGTAINA

Battered Fish with Chips,

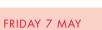
Peas & Tomato Ketchup

& Tomato Ketchup

Cheese & Onion Quiche with Chips, Sweetcorn & Ketchup

Jacket Potato with Ham & Mixed Salad

Raspberry Cake or Fresh Fruit



FGD Fish Fingers with Mashed Potato, Peas & Tomato Ketchup

Macaroni Cheese with Peas & Tomato Ketchup

Jacket Potato with Cheese & Crudités

Dorset Apple Cake

or Fresh Fruit

FRIDAY 14 MAY

Roasted Vegetable Slice with Chips, Sweetcorn & Tomato

Jacket Potato with Ham & Mixed Salad

Strawberry Yoghurt

& Mini Cookie

Battered Fish with Chips, Sweetcorn & Tomato Ketchup

Ketchup

FRIDAY 21 MAY

Breaded Fillet of Fish

with Chips, Sweetcorn & Tomato Ketchup

Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup

Jacket Potato with

Raspberry Cake or Fresh Fruit

Ham & Mixed Salad

MONDAY 17 MAY

OTHER

MONDAY 24 MAY

VEG

OTHER

TOTAL

MIDWEEK ROASTS WEDNESDAY 9 JUNE GDSE BBQ Pulled Pork Sub with Roast Chicken with Roast

> Roast Potatoes, Mixed Vegetables & Gravy

GDS Ham Sub Roll with Crudités

THURSDAY 10 JUNE

Peas & Grated Cheese

FRIDAY 11 JUNE

Sweetcorn & Tomato Ketchup

Chips, Sweetcorn & Tomato Ketchup

Strawberry Yoghurt & Mini Cookie



TOTAL

Cheese & Tomato Pizza with Croquette Potatoes, Peas & Tomato Ketchup Cheese & Bean Burger with Croquette Potatoes, Peas &

MONDAY 19 APRIL

Tomato Ketchup Jacket Potato with Spaghetti Hoops & Grated Cheese

Carrot Cake

or Fresh Fruit

MONDAY 26 APRIL

Chicken Breast with Pasta, GD Cheesy Sauce & Peas

Quorn Pieces with Pasta, Cheesy Sauce & Peas

GDS Ham Sub Roll with Mixed Salad

Flapjack or Fresh Fruit

MONDAY 3 MAY

MONDAY 10 MAY

National Vegetarian Week 10-16 May 2021

Cheese & Tomato Pizza with Half a Jacket Potato, Peas & Tomato Ketchup

Cheese & Bean Burger with Half a Jacket Potato, Peas & Tomato Ketchup

Jacket Potato with Baked

Beans & Grated Cheese

Lemon Shortbread or Fresh Fruit

MONDAY 17 MAY Chicken Breast with Pasta, Cheesy Sauce & Peas

GDE Quorn Pieces with Pasta, Cheesy Sauce & Peas

GDS Ham Sub Roll with Mixed Salad

MONDAY 24 MAY

GDE Cheese Ploughman's Lunch with Baguette, Coleslaw, Tomatoes & Cucumber

Jacket Potato with Spaghetti

Hoops & Grated Cheese

Chocolate Crispy Square

MONDAY 7 JUNE

Tomato Ketchup

Tomato Ketchup

Lemon Shortbread

or Fresh Fruit

GD

D

Cheese & Tomato Pizza with

Croquette Potatoes, Peas &

Cheese & Bean Burger with Croquette Potatoes, Peas &

Jacket Potato with Spaghetti

Hoops & Grated Cheese

Ham Ploughman's Lunch with Baguette, Coleslaw, Tomatoes

Flapjack or Fresh Fruit

& Cucumber

or Fresh Fruit

Beef Burger in a Roll with Corn on the Cob & Baked

Veggie Burger in a Roll with Corn on the Cob & Baked

Jacket Potato with Cheese & Crudités

TUESDAY 18 MAY

Mini Chocolate Cookie & Orange Wedge

Pork Sausage with Pasta, Tomato Sauce & Peas

Jacket Potato with Cheese & Crudités

Ginger Cookie or Fresh Fruit

TUESDAY 25 MAY

Quorn Sausage with Pasta, Tomato Sauce & Peas

GSFE Tuna Mayo Sub Roll

Ginger Cake

or Fresh Fruit

with Mixed Salad

Mini Oat Biscuit & Melon

Roasted Vegetable Twist with Roast Potatoes, Cheesy

Tuna Mayo Sub Roll with Mixed Salad

MIDWEEK ROASTS

GSFE

WEDNESDAY 26 MAY

Roast Turkey with Roast Potatoes, Cheesy Leeks, Carrots & Gravy

Leeks, Carrots & Gravy

Tomato & Cucumber

Lasagne with Baby Carrots & Garlic Bread

Vegetable Lasagne with Baby Carrots & Garlic Bread GDS Ham Sub Roll with

Strawberry Jelly & Fruit Salad

THURSDAY 27 MAY FRIDAY 28 MAY

FGD Fish Fingers with Mashed Potato, Peas & Tomato Ketchup

Macaroni Cheese with Peas & Tomato Ketchup

Jacket Potato with Cheese & Crudités Dorset Apple Cake or Fresh Fruit



TUESDAY 8 JUNE

the Cob & Coleslaw GDSE Veg Ball Sub with BBQ Sauce, Grated Cheese, Corn on the Cob & Coleslaw

Jacket Potato with

Tuna & Crudités

Grated Cheese, Corn on

Mini Chocolate Brownie & Orange Wedge

Potatoes, Mixed Vegetables & Gravy Cauliflower Cheese with

GE Rock Cake or Fresh Fruit

Beef Bolognaise with Pasta,

Vegetable Bolognaise with Pasta, Peas & Grated Cheese

GSFE Tuna Mayo Sub Roll with Mixed Salad G Summer Fruit Crunch

FG Battered Fish with Chips,

Roasted Vegetable Slice with

Jacket Potato with Ham & Mixed Salad

week back.

GD

Т

Did you order Week 1

last half term?

MONDAY 19 APRIL

MEAT **VEG**

TOTAL

W

WEEK 1

T F

WEEK 2 MONDAY 26 APRIL

VEG

TOTAL

WEEK 3

MONDAY 3 MAY

OTHER

MEAT VEG

TOTAL

MONDAY 10 MAY

VEG

MEAT VEG

TOTAL

WEEK 6

MEAT

apper for

MONDAY 7 JUNE

MEAT

When ordering online, keep scrolling forward until you reach the dates for the first CONTAINS ALLERGENS F Fish Gluten Dairy E Egg

HOW TO ORDER

The easiest way to order meals is online at my.localfoodlinks.org.uk



Meals need to be ordered (or amended) 7 days in advance.

Why not order for the whole half term? You can log back in and make changes if you need to.

The system is easy to use but if you have any problems you can talk to the team on 01308 420269













Selected schools may accept paper orders via the school office, please check with your school for ordering deadlines.



