

Curriculum Overview

September 2024

	YR 5	YR 6	YR 7	YR 8
<i>GAMES</i>	Touch Rugby Netball Football Basketball	Touch Rugby Netball Football/Hockey Basketball Handball	Rugby G - Netball Football/Hockey Basketball B - Handball	Rugby G - Netball Football/Hockey Basketball B - Handball Volleyball
<i>PE</i>	Team Building Orienteering HRF Dance Gym	Alternative Activities HRF Dance Gym Pickleball	Orienteering HRF Dance Gym Badminton & Table	Alternative Activities HRF Dance Gym Badminton & Table

KS2 Curriculum Plan/Map (24/25)

	T1: Autumn 1	T2: Autumn 2	T3: Spring 1	T4: Spring 2	T5: Summer 1	T6: Summer 2
Yr 5	<p>TEAM Building</p> <p>build communication and leadership skills through team challenges</p> <p>Netball</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Dance</p> <p>perform dances using a range of movement patterns</p> <p>Football</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>HRF</p> <p>develop an understanding of how to measure, improve and maintain fitness</p> <p>Touch Rugby</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Outdoor Education</p> <p>take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>Hockey</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Athletic</p> <p>pupils should be taught to develop flexibility, strength, technique, control and balance for athletic performance. And to compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Tennis</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Athletic</p> <p>pupils should be taught to develop flexibility, strength, technique, control and balance for athletic performance. And to compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Striking & Fielding</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>

KS2 Curriculum Plan/Map (24/25)

	T1: Autumn 1	T2: Autumn 2	T3: Spring 1	T4: Spring 2	T5: Summer 1	T6: Summer 2
Yr 6	<p>HRF</p> <p>develop an understanding of how to measure, improve and maintain fitness</p> <p>Football/Netball</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Outdoor Education</p> <p>take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>Netball/Football</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Pickleball</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p> <p>Touch Rugby</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Gymnastics</p> <p>develop flexibility, strength, technique, control and balance and compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Basketball</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Athletic</p> <p>pupils should be taught to develop flexibility, strength, technique, control and balance for athletic performance. And to compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Striking & Fielding</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Athletic</p> <p>pupils should be taught to develop flexibility, strength, technique, control and balance for athletic performance. And to compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Striking & Fielding</p> <p>play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>

KS3 Curriculum Plan/Map (24/25)

	T1: Autumn 1	T2: Autumn 2	T3: Spring 1	T4: Spring 2	T5: Summer 1	T6: Summer 2
Yr 7	<p>HRF</p> <p>develop an understanding of how to measure, improve and maintain fitness to impact sporting performance</p> <p>Rugby/Netball</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Dance</p> <p>perform dances using advanced dance techniques within a range of dance styles and forms</p> <p>Rugby/Football</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Badminton/Table Tennis</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Football/Basketball</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Outdoor Education</p> <p>take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p> <p>Basketball/Handball</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Athletic</p> <p>develop their technique and improve their performance in other competitive sports</p> <p>Striking & Fielding</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Athletic</p> <p>develop their technique and improve their performance in other competitive sports and analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Striking & Fielding</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>

KS3 Curriculum Plan/Map (24/25)

	T1: Autumn 1	T2: Autumn 2	T3: Spring 1	T4: Spring 2	T5: Summer 1	T6: Summer 2
Yr 8		<p>Dance</p> <p>perform dances using advanced dance techniques within a range of dance styles and forms</p> <p>Rugby/Football</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Outdoor Education</p> <p>take part in further OEA's in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</p> <p>Badminton/Table Tennis</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Football/Basketball</p>	<p>HRF</p> <p>evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best</p> <p>Basketball/Handball</p> <p>use and develop a variety of tactics and strategies to overcome opponents in team and individual games</p>	<p>Athletic</p> <p>develop their technique and improve their performance in other competitive sports</p> <p>Striking & Fielding</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>	<p>Athletic</p> <p>develop their technique and improve their performance in other competitive sports and analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Striking & Fielding</p> <p>use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p>